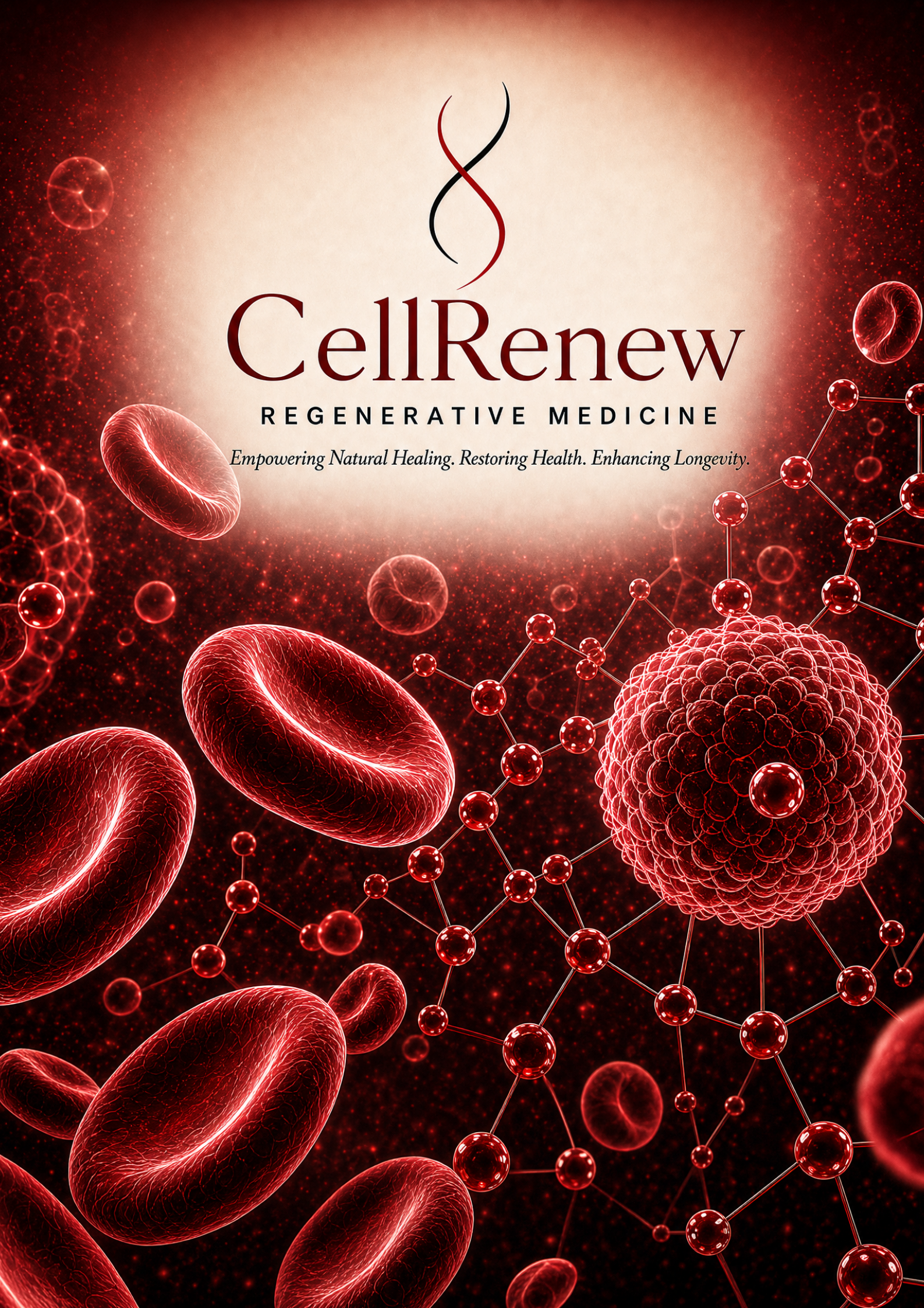




CellRenew

REGENERATIVE MEDICINE

Empowering Natural Healing. Restoring Health. Enhancing Longevity.





SERVICE GUIDE

EVIDENCE-BASED · PRECISION-DRIVEN · PATIENT-CENTRED

"Shifting the paradigm from reactive disease management to proactive cellular restoration, empowering patients to optimise their biological age, performance, and vitality."

Discover CellRenew's personalised approach across aesthetic regeneration, physical and sports recovery, longevity care, medical conditions optimisation, and genomic health.

A GUIDE TO PERSONALISED REGENERATIVE CARE



Harness your body's own healing power for natural, lasting face, skin and hair rejuvenation. Our aesthetic treatments stimulate collagen production, restore volume, and reverse the visible signs of ageing — without synthetic fillers.

TREATMENTS

The Regenerative Facelift

Full facial rejuvenation — skin laxity, volume loss, deep lines, overall ageing

- PRP
- Exosomes
- Peptides
- HA
- IV
- DNA Skin

The Collagen Restore Facial

Fine lines, rough texture, early ageing, collagen loss

- PRP
- Peptides
- HA
- IV
- DNA Skin

The Glow Renewal Facial

Dull skin, dehydration, loss of radiance, pre-event glow

- Peptides
- HA
- IV
- DNA Skin

The Skin Perfector

Acne scarring, large pores, uneven tone, textural issues

- PRP
- Exosomes
- Peptides
- HA
- IV
- DNA Skin

The Neck & Décolletage Rejuvenation

Crepey neck skin, chest lines, sun damage

- PRP
- Exosomes
- Peptides
- HA
- IV
- DNA Skin

The Under-Eye Renewal

Dark circles, hollowing, crepey under-eye skin, fine lines

- PRP
- Exosomes
- Peptides
- HA
- IV
- DNA Skin

The Hair Regeneration Programme

Significant hair loss, pattern baldness, thinning

- PRP
- MSCs
- Exosomes
- Peptides
- HA
- DNA Core

The PRP Hair Restore

Pattern hair loss, post-partum hair loss, hormonal thinning

- PRP
- Exosomes
- Peptides
- HA
- DNA Hormone

The Scalp Revive Treatment

Early thinning, poor scalp circulation, maintenance

- PRP
- Peptides
- HA
- DNA Core

The LED Skin Boost

Post-treatment healing, redness, inflammation, skin health

- HA
- Peptides
- DNA Skin

Most patients require 3–4 sessions for optimal results.

*Depending on your personalised treatment plan, therapies may be used individually or in combination.

BOOK YOUR CONSULTATION

Book your consultation to discuss your condition, health goals, and treatment options. We will provide guidance on what to expect from your personalised treatment journey, including an estimated treatment plan and associated costs.



Accelerate healing, restore joint function, and optimise athletic performance through ultrasound-guided regenerative injections, IV therapy, and targeted peptide protocols. From chronic joint pain to sports injuries — we regenerate, not just manage.

TREATMENTS

The Joint Regeneration Injection

Osteoarthritis, chronic joint pain, cartilage damage

- PRP
- MSCs
- Peptides
- HA
- DNA Pain

The Tendon Repair Treatment

Tennis elbow, golfer's elbow, Achilles, rotator cuff

- PRP
- Exosomes
- Peptides
- DNA Pain

The Knee Restore Programme

Knee osteoarthritis, meniscal wear, chronic knee pain

- PRP
- MSCs
- Exosomes
- Peptides
- DNA Pain + Core

The Shoulder Recovery Programme

Rotator cuff injuries, frozen shoulder, impingement

- PRP
- Exosomes
- Peptides
- HA

The Plantar Fascia Fix

Plantar fasciitis, chronic heel pain

- PRP
- Exosomes
- Peptides
- HA
- DNA Pain

The Achilles Regeneration

Achilles tendinopathy, chronic Achilles pain, partial tears

- PRP
- Exosomes
- Peptides
- HA
- DNA Pain + Sport

The number of treatments required varies according to the condition and severity.

**Depending on your personalised treatment plan, therapies may be used individually or in combination.*

BOOK YOUR CONSULTATION

Book your consultation to discuss your condition, health goals, and treatment options. We will provide guidance on what to expect from your personalised treatment journey, including an estimated treatment plan and associated costs.

Optimise cellular health, slow biological ageing, and enhance vitality through personalised regenerative therapies and IV treatments — all guided by your unique genetics.

TREATMENTS

The NAD+ Energy Restore Drip

Chronic fatigue, low energy, mitochondrial dysfunction, anti-ageing

PeptidesIV NAD+DNA Core

The Myers Vitality Drip

General wellness, immune boost, fatigue, nutrient replenishment

IV MyersDNA Core

The Glutathione Glow Drip

Oxidative stress, skin dullness, detox, liver support, pigmentation

PeptidesIV GlutathioneDNA Skin + Core

The Cellular Age-Reverse Programme

Premature ageing, high biological age, longevity-focused

PRPMSCExosomesPeptidesHAIVTruAge + Core

The Immune Shield Programme

Frequent illness, weak immunity, post-illness, autoimmune support

MSCsExosomesPeptidesIVDNA Core

The Brain Clarity Programme

Brain fog, poor concentration, memory decline, cognitive ageing

MSCsExosomesPeptidesIV NAD+DNA Core

The Hormone Balance Programme

Hormonal decline, adrenal fatigue, thyroid, low testosterone

ExosomesPeptidesIVDNA HormoneBHRT

The Gut Restore Programme

Bloating, IBS, leaky gut, dysbiosis, food intolerances

PeptidesIV L-GlutamineDNA Gut

The Sleep & Recovery Programme

Insomnia, poor sleep quality, unrestorative sleep, jet lag

ExosomesPeptidesIV NAD+DNA Core

The Stress Detox Programme

Burnout, chronic stress, cortisol dysregulation, adrenal exhaustion

ExosomesPeptidesIVDNA Core + Hormone

Combination regenerative treatment options may be necessary for optimisation.

**Depending on your personalised treatment plan, therapies may be used individually or in combination.*

BOOK YOUR CONSULTATION

Book your consultation to discuss your condition, health goals, and treatment options. We will provide guidance on what to expect from your personalised treatment journey, including an estimated treatment plan and associated costs.



Targeted regenerative programmes for complex medical conditions — from metabolic disorders and chronic pain to autoimmune conditions and women's health. Every programme is personalised using DNA insights and advanced biologics.

TREATMENTS

The Medical Weight Loss Programme

Stubborn weight, visceral fat, metabolic syndrome, failed diets

- Peptides
- DNA Core

The Diabetes & Insulin Programme

Type 2 diabetes, pre-diabetes, insulin resistance

- MSCs
- Peptides
- DNA Core

The Female Hormone Reset

Perimenopause, menopause, PCOS, oestrogen dominance

- Exosomes
- Peptides
- DNA Hormone
- BHRT

The Intimate Wellness Shot

Low libido, vaginal dryness, arousal, incontinence

- PRP
- Peptides
- DNA Hormone

The Burnout Recovery Programme

Severe burnout, chronic fatigue, adrenal exhaustion

- Exosomes
- Peptides
- IV
- DNA Core + Hormone

The Chronic Pain Programme

Fibromyalgia, neuropathic pain, complex regional pain

- PRP
- MSCs
- Exosomes
- Peptides
- HA
- IV
- DNA Pain

The Fatty Liver Reversal Programme

NAFLD, elevated liver enzymes, metabolic liver disease

- Exosomes
- Peptides
- IV Glutathione
- DNA Core (Diet)

The Wound Care Programme

Chronic wounds, diabetic ulcers, post-surgical healing, non-healing wounds

- PRP
- Exosomes
- Peptides
- DNA Core

The Peptide Therapy Programme

Anti-ageing, healing, hormone support, performance, recovery

- Peptides
- DNA Core +

**Depending on your personalised treatment plan, therapies may be used individually or in combination.*

BOOK YOUR CONSULTATION

Book your consultation to discuss your condition, health goals, and treatment options. We will provide guidance on what to expect from your personalised treatment journey, including an estimated treatment plan and associated costs.

Comprehensive DNA testing can be incorporated into relevant treatment programmes to provide a more personalised and holistic approach to health optimisation. Genetic insights may assist in identifying individual predispositions, nutritional requirements, exercise responsiveness, detoxification pathways, hormone metabolism, and ageing markers.

CAN BE ADDED TO SELECTED PROGRAMMES

- Longevity & Healthy Ageing
- Metabolic Health & Weight Management
- Cognitive Health
- Gut Health
- Hormone Optimisation
- Sports Performance & Recovery
- Personalised Preventative & Longevity Medicine

AVAILABLE DNA TESTS

DNA Core (Health, Diet & Sport) · Pain · Skin · Gut · Hormone · Epigenetic Testing (TruAge)

**Depending on your personalised treatment plan, therapies may be used individually or in combination.*

BOOK YOUR CONSULTATION

Book your consultation to discuss your condition, health goals, and treatment options. We will provide guidance on what to expect from your personalised treatment journey, including an estimated treatment plan and associated costs.

PRICING POLICY: Final treatment suitability, treatment plan and total cost are confirmed after consultation. The prices below are starting estimate amounts for individual offerings and services (VAT included); no package prices have been created.

OFFERING / SERVICE	STARTING FROM (VAT INCL.)
CONSULTATIONS	
Exploratory Consultation (15–20 min)	R 650
Initial Consultation (35–40 min)	R 1 250
Telehealth Consultation (15–20 min)	R 650
Follow-Up / DNA Analysis Review / Final Consultation (35–40 min)	R 1 000
Prescription	R 500
SCANS & ASSESSMENTS	
InBody Assessment	R 300
Trichoscope Analysis	R 500
Advanced Facial Analysis	R 500
DNA TESTING	
DNA Core (Health, Diet, Sport)	R 4 800
DNA Skin / Sport / Pain / Mind / Gut / Hormones	R 3 600
MedCheck	R 3 600
TruAge	R 11 000
Additional DNA Tests in Addition to MedCheck	R 1 440
Additional DNA Tests (Except Core & MedCheck)	R 900
TREATMENTS (PER SESSION)	
<i>Face / Hair</i>	
Treatment include PRP, HA, Exosome alone or in combination with microneedling or injections	R 5 194
<i>Joints / Tendon</i>	
Treatment include PRP, HA, Exosome, MSCs alone or in combination with injections	R 5 159
<i>Women's Health</i>	
Treatment include PRP, HA alone or in combination with injections	R 5 194
<i>Light Therapy</i>	
LLLT Hair Light Treatment (60 min)	R 370
LED Facial Light Treatment (15–20 min)	R 500

OFFERING / SERVICE	STARTING FROM (VAT INCL.)
BIOLOGICS IV (SESSIONS)	
Exosome start from 5B	R 8 314
MSCs start from 15B	R 57 878
IV THERAPY (SESSIONS)	
Different IVs have different therapeutic functions, pricing varies depending on the IV or combination of IV recommended.	R 2 555
PEPTIDES	
Different peptides have different therapeutic functions, pricing varies depending on the peptide or combination of peptides recommended.	R 1 035
MONTHLY PROGRAMMES	
Medical Weight Management (monthly)	R 2 350
Woman's Health Hormone Management (monthly)	R 2 350
Mobility & Recovery Management (monthly)	R 2 350

IMPORTANT: All prices include VAT and are indicative starting amounts in South African Rand (ZAR). Consultations and diagnostic assessments are required prior to undertaking any specialised regenerative therapy or biologic protocol. Prices are subject to change.



"Empowering Natural Healing.

Restoring Health.

Enhancing Longevity."

BEGIN YOUR JOURNEY

Book Your Consultation

WHATSAPP 077 450 3448

info@cellrenew.co.za

ADVANCED REGENERATIVE THERAPIES

PLATELET RICH PLASMA

PERSONALISED PEPTIDE THERAPY

IV THERAPY

DNA ANALYSIS

Reg No 2026/378627/07

Disclaimer: Some of the advanced regenerative therapies are not approved for routine clinical use in South Africa. They are supported by a growing body of scientific literature. At your consultation we review the evidence, benefits, risks and alternatives with you so you can make an informed decision. Individual results vary.